

# Organic Coconut and Olive Oil

## **Shampoo/Body Wash Concentrate Tutorial**

The organic coconut and olive oil shampoo and body wash concentrate is a fast and easy way to add a new all-natural product to your line. Not only is this concentrate organic, but it is also sulfate free! There are very few organic, sulfate free concentrates. Provide your customers or treat yourself to shampoo and body wash made from this cutting edge concentrate. It's not only healthy but it's also easy and fun to customize with your choice of color, fragrance or essential oil!

### **Equipment Needed:**



- Gloves
- Rubber or silicone spatula
- Electric mixer of your choice: Electric or by hand (by hand is recommended)
- Mixing bowls and containers for weighing (2)
- Scale
- Disposable pipettes
- Containers for packaging

#### **Supplies Needed:**

Organic Coconut & Olive Liquid Soap Concentrate

• Fragrance or Essential oil

Distilled Water

Preservative: Optiphen

• Thickener: Hydroxy Ethylcellulose



### **Important Tips:**

- It's important to ensure that everything is properly cleaned and disinfected. I ran what I could through the sterilization option on my dishwasher. I also wiped down everything with alcohol and let dry completely before starting.
- Why use distilled water? Distilled water is completely filtered and no longer has any added chemicals or bacterial impurities. Using tap water may contaminate your soap. Distilled water may be found in any grocery store.
- It's important to tare your scale for each item you will be weighing
- Other than your butters or oils, all products should be at room temperature before use.

All measurements are calculated by weight not volume. You must use a scale. A digital scale is recommended for the most accurate measurements.

NOTE: This tutorial makes a 45oz batch of shampoo/body wash

5 Steps to Success! If you've got 15 minutes grab your ingredients and a scale and let us show you how to create the best all-natural shampoo and body wash on the market!!

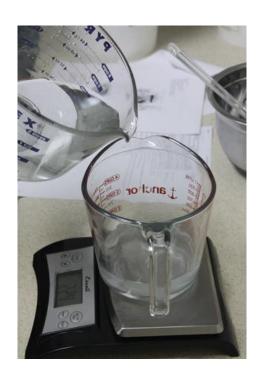
**Step 1:** Measure out 300 grams of Organic Coconut & Olive Liquid Soap Concentrate in a mixing bowl using a scale.



**Step 2:** Weigh out 24 grams of Fragrance or Essential oil and add it to your mixing bowl. To get an accurate weight: turn on your scale, put your mixing bowl on the scale, zero out(tare) the weight of the mixing bowl, then weigh your fragrance or Essential Oil. Stir lightly to mix the ingredients together.



**Step 3:** Weigh out 900 grams of distilled water in a separate bowl and slowly add to the concentrate/fragrance mixture. Lightly stir until ingredients are mixed.



**Step 4:** Weigh out 18 grams of Optiphen (preservative) and add that to your mixing bowl. Gently stir until ingredients are mixed.





**Step 5:** Weigh and add 18 grams of Hydroxyethyl Cellulose (a.k.a. Tylose HS 60000) and continue to stir for about 5 minutes or until it thickens.





**Step 6:** Use a funnel to easily fill your containers. Let the shampoo and body wash sit overnight to let the bubbles settle. Your product is now ready to package!

