

### **New Sensations Body Butter, Cream & Lotion Emulsifier Tutorial**

The New Sensations Body Butter, Cream and Lotion Emulsifier is a fast and easy way to add a new product to your line. It's like magic, you add your ingredients and blend and watch the lotion fluff up within seconds! It's easy and fun to customize with your choice of butters, oils, fragrances, and color.



#### **Supplies and Equipment Needed**

Microwave or double boiler

[Scale](#)

Large spoon

Rubber or silicone spatula

Rubber gloves

Electric mixer of your choice:

Hand mixer with two stainless steel beaters – OR -

Stand mixer

Mixing bowls and containers for weighing

[4 oz PET Jars with White Dome Lids](#)

[Disposable pipettes](#)

[4 oz New Sensations Body Butter, Cream & Lotion Emulsifier](#)

[Ultra Refined Shea Butter](#)

[Avocado Butter](#)

[Glycerin](#)

[Cyclomethicone](#) (optional)

[Germaben II Preservative](#)

Distilled Water

[Coconut Milk Lavender Fragrance Oil](#)

[Caribbean Purple Gel Color](#) (optional)



#### **IMPORTANT TIPS:**

- It's important to ensure that everything is properly clean and disinfected. I ran what I could through the sterilization option on my dishwasher. I also wiped down everything with alcohol and let dry completely before starting.
- Why use distilled water? Distilled water is completely filtered and no longer has any added chemicals or bacterial impurities. Using tap water may contaminate your lotion. Distilled water may be found in any grocery store.

- Other than your butters or oils, all other products should be at room temperature before use.
- All measurements are calculated by weight not volume. You must use a scale. A digital gram scale is recommended.

*This tutorial makes a **50 oz batch** of body butter.*

**Step 1:** You can use **420 grams** of any blend of butters and or oils of your choice. Your choice will affect the final product. By using a larger quantity of harder butters versus softer butters or oils, you will create a thicker product. For this tutorial, we will be using half Ultra Refined Shea butter and half Avocado butter.

**Step 2:** Weigh out **210 grams** of Shea butter into the bowl/container you will be using to melt your butters. To get an accurate weight: turn on your scale, put your container on the scale, zero out (tare) the weight of the container, and then weigh your butter.

**NOTE:** Remember to tare your scale for each item that you will be weighing.





**Step 3:** Repeat step 2 and weigh out **210 grams** of Avocado butter. I used the same container that is holding my shea butter. Remember to tare your scale before weighing out the Avocado butter.





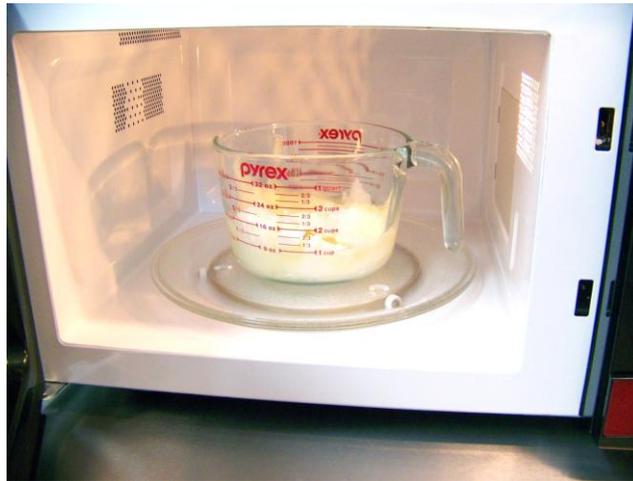
**Step 4:** Weight out **56 grams** of your New Sensations Body Butter, Cream & Lotion emulsifier.



**Step 5:** Weight out **910 grams** of distilled water. Do NOT use tap water.



**Step 6:** Melt your butters in a microwave (or a double boiler if you prefer). Melt the butters slowly by using a 30 second burst then stir the butters slowly. Repeat if necessary until fully melted.



**Step 7:** If your container isn't large enough to hold 50 oz of product, pour your melted butters into a larger container.



**Step 8:** Using your mixer on slow, mix your oils while adding the Cream & Lotion emulsifier. This takes less than 1 minute. Mix well.



**Step 9:** Once your oils and emulsifier are completely blended, slowly add your distilled water to the mixture while continuing to mix. Watch the magic happen!

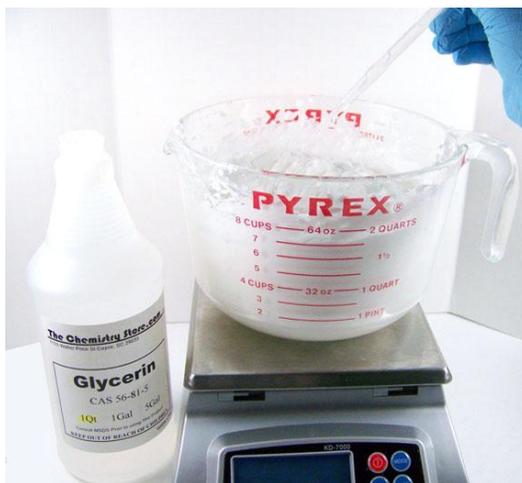


**Step 10:** The oils will emulsify with the water, making a fluffy creamy lotion. Continue mixing for approximately 3 minutes. Periodically stop the mixer and scrape the sides of your container with your spatula to make sure everything is blended well.

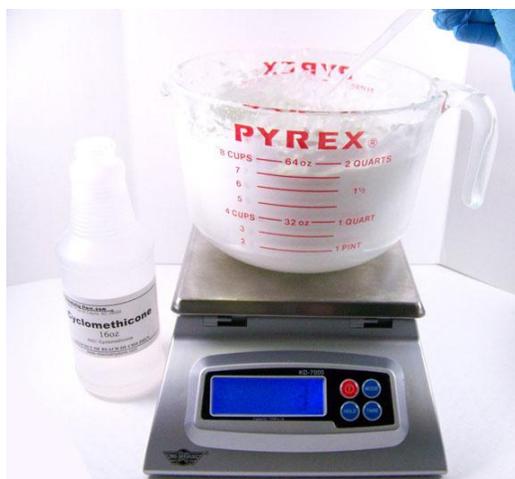


**Step 11:** Put your lotion container onto your scale, tare it and measure out **11.2 grams** of Glycerin.

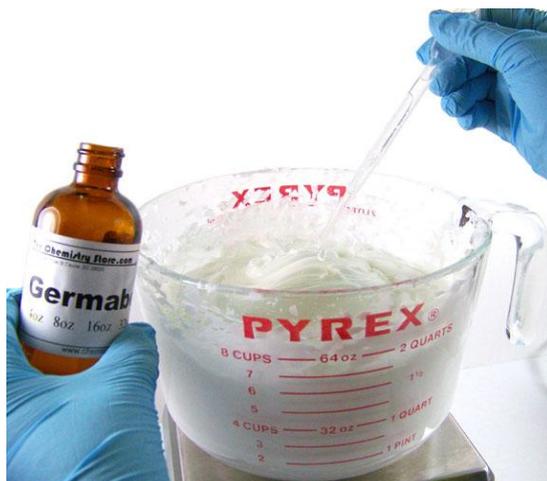
**NOTE:** You can weigh out the rest of your ingredients before hand or weigh them out as described in this tutorial. If you are using a stand mixer you'll need to pre-weigh.



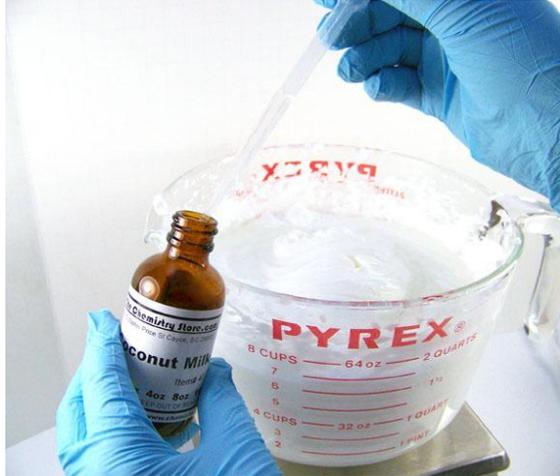
**Step 12:** Optional: Measure and add **14 grams** of Cyclomethicone. Adding Cyclomethicone will add a silkier feel to your body butter/lotions.



**Step 13:** Measure and add **14 grams** of Germaben II preservative.



**Step 14:** Measure and add **28 grams** Coconut Milk Lavender fragrance oil.



**Step 15:** Continue mixing your lotion until everything is well incorporated.



#### **FINISHING:**

**Step 16:** Spoon your mixture into 4 oz PET Jars with White Dome Lids or containers of your choice. Choose the appropriate container for the type of body butter/lotion you created. Smooth off the tops and wipe off the rims. Make sure they're nice and clean before sealing off the jars.



**Step 17:** Optional: You can color your body butters/lotions easily – just add a few drops of a Gel Color of your choice and mix well. 10 drops of Caribbean Purple was used here.





**Step 18:** Enjoy!